DETERMINANTS OF OLDER ADULTS’ VOLUNTEERING IN RUSSIA
HYDERABAD, 2014

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Chair of the Board, Organization of Retired persons Wisdom Ripening, Tuymazy, Bashkortostan
Personal Development during Life Course

![Graph showing personal development over age with two lines representing traditional and modern views.](image-url)
From age-differentiated to age-integrated structures([1])

• What influences whether an older adult volunteers or not?
• What are opportunities for older adults volunteering in Russia?
• What are obstacles?
General Facts about Russia

• Population: 141,904,000 (73% urban)

• 160 ethnic groups

• Education:
  – 90% secondary education
  – 60% professional and higher education

• «High income» country according to the World Bank ranking
Who is an older person in Russia?

Pensionable age
• 55 Women
• 60 Men

Life expectancy (2011)
• Women 76
• Men 64

Number of older persons 30mln

Minimum pension 150 Euros
At what age does the "older age" start?

Data of the research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow
Demographic Changes in Russia: Forecast ([1])

The presentation is based on the secondary analysis of the data from

• Annual Monitoring of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow (33200 respondents, over 18, all regions)

• Research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow (survey of 1100 respondents, women over 55, men over 60, 8 cities, 40 interviews)

• Analysis of the activities of nonprofit organizations working with older adults through literature review, interviews and web research
Frequency of participating in nonprofit activities

За последний год Вы занимались, помимо своей основной работы, добровольной безвозмездной деятельностью на благо других людей (не членов семьи и не близких родственников)?

Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow
Participation in Civic Voluntary Activities by Age

- By age group:
  - <=30 лет
  - 31 – 45 лет
  - 46 - 65 лет
  - 66 - 79 лет
  - >=80 лет

- Participation activities:
  - Participated in communal clean ups of the area where I live (подвезды, двора, города (села, посёлка))
  - Participated in the residents’ meetings and committees
  - By own initiative participated in (a) protests, rallies, pickets
  - By own initiative participated in peaceful demonstrations
  - Organized (a) a collective to solve my or someone else’s problem
  - Participated in communal clean ups of the area where I live
  - Participated in the residents’ meetings and committees
Participation in Institutionalized Voluntary Activities

- Trade unions
- Condominium owners
- Societies of people with disabilities
- Veterans’s Councils and associations
- Local residents’ committees
- Territory
- Groups and organizations of school and student self-government, including school and student councils, dormitory councils, etc.
- Initiative groups and associations of parents (preschool children, schoolchildren, children with disabilities, etc.)
- Sports, tourist, hunting, motor vehicle organizations / clubs
## Binary logistic regression model of older persons’ participation in volunteer activities, 2010

**(Notes: * Significant at p ≤ 0.10; ** Significant at p ≤ 0.05; *** Significant at p ≤ 0.01)**

<table>
<thead>
<tr>
<th>Predictors (independent variables)</th>
<th>Group 1 (60-74 y.o.)</th>
<th>Group 2 (75 y.o. and older)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B</td>
<td>S.E.</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>0.136*</td>
<td>0.075</td>
</tr>
<tr>
<td><strong>Education level</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secondary education or lower</td>
<td>0.108</td>
<td>0.115</td>
</tr>
<tr>
<td>Secondary level professional training</td>
<td>0.621***</td>
<td>0.101</td>
</tr>
<tr>
<td>Incomplete higher education degree</td>
<td>1.109***</td>
<td>0.117</td>
</tr>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5000 rubles or under</td>
<td>0.446</td>
<td></td>
</tr>
<tr>
<td>5001-10000 rubles</td>
<td>0.167</td>
<td>0.174</td>
</tr>
<tr>
<td>10001-15000 rubles</td>
<td>0.026</td>
<td>0.152</td>
</tr>
<tr>
<td>Over 15000 rubles</td>
<td>0.112</td>
<td>0.159</td>
</tr>
<tr>
<td><strong>Employment status</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Continues working</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does not continue working</td>
<td>0.562***</td>
<td>0.096</td>
</tr>
<tr>
<td><strong>Marital status</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Married</td>
<td>0.304</td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>0.128</td>
<td>0.079</td>
</tr>
<tr>
<td>Divorced</td>
<td>0.255</td>
<td>0.180</td>
</tr>
<tr>
<td>Widowed</td>
<td>0.082</td>
<td>0.133</td>
</tr>
<tr>
<td><strong>Having children and cohabitation with them</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No children</td>
<td>0.667</td>
<td></td>
</tr>
<tr>
<td>Has children, children live separately</td>
<td>-0.056</td>
<td>0.104</td>
</tr>
<tr>
<td>Has children, children cohabit</td>
<td>-0.098</td>
<td>0.112</td>
</tr>
<tr>
<td><strong>Community type and size</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>City with population over 1,000,000 people</td>
<td>0.025</td>
<td></td>
</tr>
<tr>
<td>City with population of 500,000 – 1,000,000 people</td>
<td>0.062</td>
<td>0.129</td>
</tr>
<tr>
<td>City with population of 250,000 – 500,000 people</td>
<td>0.086</td>
<td>0.143</td>
</tr>
<tr>
<td>City with population of 100,000 – 250,000 people</td>
<td>0.009</td>
<td>0.140</td>
</tr>
<tr>
<td>City with population of 50,000 – 100,000 people</td>
<td>0.270*</td>
<td>0.144</td>
</tr>
<tr>
<td>City with population of less than 50,000 people</td>
<td>0.371***</td>
<td>0.126</td>
</tr>
<tr>
<td>Urban type community (usually less than 50,000 people)</td>
<td>0.371***</td>
<td>0.126</td>
</tr>
</tbody>
</table>
Soviet traditions of “compulsory volunteering”

Paternalistic attitudes and expectations

Low level of trust between people

Low level of trust to institutions and organizations (much due to the economic transitions and accompanying law abuse and corruption)

Common perception that one person cannot change anything
To what extent do you think you can influence what is happening in your close community (apartment building, condominium, neighborhood) where you live?

- Fully
- To a large extent
- To a certain extent
- Not at all
- Not sure

Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow
To what extent do you feel responsible for what is happening in your close community (apartment building, condominium, neighborhood) where you live?

- Fully
- To a large extent
- To a certain extent
- Not at all
- Not sure

Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow
To what extent do you feel responsible for what is happening in your country?

- в полной мере (Fully)
- To a large extent
- To a certain extent
- Not at all
- Not sure

Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow
To what extent do you think you can influence what is happening in your country?

- Fully
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- Not at all
- Not sure

Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow
A range of flexible options for older volunteers

Training, recognition, guidance and compensation for personal costs of older volunteers are available
Interviews with employees of nongovernmental and governmental organizations

- What role can an older person play in the society?

<table>
<thead>
<tr>
<th>Governmental</th>
<th>Nongovernmental</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Take care of grandchildren</td>
<td>- Contribute their wisdom and experience</td>
</tr>
<tr>
<td>- Bring up younger generations</td>
<td>- Contribute their free time for different volunteer activities</td>
</tr>
<tr>
<td>- Contribute their wisdom and experience</td>
<td>- Professional expertise</td>
</tr>
</tbody>
</table>

*Проект НИУ ВШЭ «Создание условий для реализации социального потенциала пожилых людей на муниципальном уровне*
They can offer a lot to the society (42%)

Burden for the society (28%)

Other: (30%)

Perception of older people by different generations

Role in the society

Data of the research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow
Wise and experienced 44%

Possess obsolete knowledge 41%

Do not possess any specific knowledge 9%

Other: 6%

Data of the research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow
Participation

- Active at home and in the community: 15%
- Passive, stay at home: 5%
- Are only busy with housework and family: 17%
- Other: 63%

*Data of the research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow*
WHO Age-friendly cities
«Город, где старость в радость, город для всех возрастов» -
КОМПЛЕКСНЫЙ ПОДХОД www.moigoda.org/rfc

- «Здания и улицы»;
- «Транспорт»;
- «Жилье»;
- «Уважение и включенность»;
- «Участие в жизни общества»;
- «Общественная деятельность и оплачиваемая работа»;
- «Информация и коммуникации»;
- «Социальные и медицинские услуги»
Pass It On Network

- International Network of Knowledge Sharing (Jan Hively and Moira Allan)

- www.passitonnetwork.org
Sponsor of the research and presentation:
Academic Foundation of National Research University Higher School of Economics

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Thank you!