A Photovoice Study of Ageing Chinese Adults’ Care Expectations in Hong Kong

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Research Background:
• Rapid population ageing in Hong Kong
• Changing family structures and values
• Older adults’ modified care expectations
RESEARCH METHOD

1. Use of Photovoice
   - Theme-based group brainstorming
   - Photography
   - In-depth interviews
   - Focus group discussions

2. Participants
   - Purposive sampling
   - 36 participants formed 6 focus groups according to socio-economic status
   - Inclusion criteria (aged 55 and above; HK resident; no visual or fine motor limitation; speak Cantonese or Putonghua)

3. Data Collection
   - 4 phases (group brainstorming, taking photos; individual interviews (“SHOWed” Approach) and photo selection; group discussion)
   - 2 rounds (1st round: Feb 2016; 2nd round: Mar-Apr 2016)

4. Data Analysis
   - Open coding
   - Axial coding
   - Selective coding

5. Knowledge Transfer
   - Photo exhibits
   - Presentation
   - Workshops

- What are ageing adults’ future care expectations in financial and material, emotional, health, and personal care, respectively?
- What are the factors that might influence their care expectations?
FINDINGS & DISCUSSIONS

Findings

• Diverse care needs of older people.
• Informal support, formal support and mixed sources are expected in different care areas.
• Cohort differences between young old and old old in care expectations.
• Age, educational level, and life experiences may influence care expectations.

Discussions

• Care expectation as a multidimensional concept.
• Task division model and hierarchical compensatory model in explanation of ageing adults expecting mixed sources of care.
• Faced with contradictions between reality and expectations, ageing adults are struggling to modify care needs.

Implications

• Academic: Extend research focus and contribution to literature.
• Community: Support an improved awareness of care needs and facilitate community response.
• Practice & Policy: Inform intervention for different care domains and identify subgroups facing special challenges.